

Halito
“Okla í mayah Ókih”
(We are Here)
Choctaw Health Center
Behavioral Health

**Coping and Listening Support by phone for stress
related to Coronavirus (COVID-19)**



Hotline

601-389-4175

Monday – Friday
8AM – 4:30PM

**If you are feeling overwhelmed with emotions such as
sadness, depression, anxiety, or feel like you want to harm
yourself or someone else, call 911 or the National Suicide
Prevention Lifeline at 1-800-273-TALK (1-800-273-8255).**