Halito
“Okla í mayah Ókih”
(We are Here)
Choctaw Health Center
Behavioral Health

Coping and Listening Support by phone for stress related to Coronavirus (COVID-19)

Hotline

601-389-4175

Monday – Friday
8AM – 4:30PM

If you are feeling overwhelmed with emotions such as sadness, depression, anxiety, or feel like you want to harm yourself or someone else, call 911 or the National Suicide Prevention Lifeline at 1-800-273-TALK (1-800-273-8255).